## Overcoming the Pressures of Life

## Introduction

- Can you give examples of challenges, situations, or tasks you felt (or feel) unprepared to face.
- Can you provide examples of challenges, situations, or tasks where, looking back, you can't help but marvel at how well God prepared you to face them.
- 1. *Biblical examples: How prepared are we?* Read the following sections. Take note of the person's concerns, God's response, and the lessons we can learn.

c)

 a) Moses (Exodus 3:10-15, 4:1-3, 10-15) His concern? God's response? The lesson? Jeremiah (Jeremiah 1:4-11, 17-19) His concern? God's response? The lesson?

d) Paul (2 Corinthians 12:7-10)

- b) Elijah (I Kings 19:1-18) His concern? God's response? The lesson?
- 2. *Complete the following statements:*
- God has prepared me to live a life to His glory by...
- God even uses my weaknesses to...
- Don't forget that even "little things" have big impact in God's eyes. Such as...